



Arkansas Alliance for
Disability Advocacy

DISABILITY RIGHTS ARKANSAS

TIPS FOR ADVOCATING AT THE ANNUAL PIE DAY AT THE CAPITOL

SHOW UP

Your presence at this event is vital. It allows others to see how many people care about the rights of people with disabilities. When you take action to show up for people with disabilities, it proves that Arkansans are willing to fight for inclusion, equity, safety, and respect for people with disabilities.

CONNECT

Connecting with the organizers and other participants will empower you on your advocacy journey. There is always power in numbers, and having people who understand and support you will grow you and allow you to become confident in your abilities while advocating for change.

SPEAK TO LEGISLATORS

Legislators need to know how to represent YOU. Utilize your story, share your experiences, explain your barriers and concerns. Allow the people who have been elected to magnify your voice know how to do it the right way. You are the true expert on the disability experience.

LISTEN TO LEARN

Listen to people with disabilities. This shows you respect the true leaders and experts on disability issues. When listening, don't just listen to reply, listen to learn. Listen to understand, because you may have the opportunity to become more educated on a topic, see a new perspective, and learn how to be a better advocate for the disability advocacy movement.